



Lutheran
Family Service



Reaching Out With God's Love

Lutheran Family Service (LFS) equips individuals and communities with Christ-centered, life-changing tools, resources, and hope to meet the challenges they are facing.

LFS Congregational Service tools and presentations are developed with thoughtful research and care reflective of the current culture and societal landscape.

Begin your partnership with LFS today, and bring these incredible resources to your congregation and community!

Contact:



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STRENGTHENING MARRIAGES

- Choosing A Spouse
- Pre-Marriage Couple Groups
- Newly Married Couple Checkups
- Marriage Enrichment Retreats
- Marital First Responders
- Step-Family Readiness



SUPPORTING CAREGIVERS

- Caregiver Support Groups
- "Powerful Tools For Caregivers"
- "Remembering Hope" Dementia Education
- Self-Care For Caregivers



SERVING CONGREGATIONS

AVAILABLE PRESENTATIONS

PARENTING

- Kids & Grief
- Tech-Safe Families
- Parenting A Special Needs Child
- Culture & Media-Wise Parenting
- Parenting In An Unchristian World
- Relationship-Based Parenting
- Keeping Baptismal Promises

MARRIAGE & RELATIONSHIPS

- Building On Blessings In Marriage
- Strength Training For Marriage
- Marriage & Money
- Why Marriages Fail
- Surviving Divorce
- Pastoral Discernment Counseling

CRITICAL LIFE TOPICS

- Embryo Rescue Through Adoption
- Physician Assisted Suicide

YOUTH

- Whose UR
 - Identity & Self Esteem
 - Dating In The Right Direction
 - Social Media
 - Drama & Friendships

SELF & OTHERS

- Caring For People In Crisis
- Assertive Communication
- Transitioning Through Life Stages
- Depression & Aging
- Talking About Suicide
- Mental Health & Well-Being
 - Depression
 - Anxiety
 - Grief
 - PTSD & Trauma
 - Substance Abuse & Addiction

Help support these and other important ministry efforts by donating at lfsiowa.org