

# Are you pregnant and unsure what to do next?

You don't have to go through an unplanned pregnancy alone.

Many Hearts unplanned-pregnancy counselors are ready to listen, to provide information, and to help you create a plan that is right for you.

## Safe. Supportive. Confidential. No-Judgment. No-Cost.

Many Hearts unplanned-pregnancy counselors can travel to meet you anywhere in Iowa, Eastern Nebraska, Eastern South Dakota, or North & Central Illinois.



### Reach out today!

- Text: "love" to 844-764-2029
- Call: 515-571-9964
- Email: [love@many-hearts.com](mailto:love@many-hearts.com)
- Visit: [Many-Hearts.com](http://Many-Hearts.com) for great unplanned-pregnancy resources!

♥ we're all about love



**Pregnant and scared? We can help.**

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